

## **In a Dry and Weary Land**

2/13/22

### **Class 3 Reflection Questions**

#### **Establishing New Spiritual Rhythms and Practices**

37 And he said to him, "You shall love the Lord your God with all your heart and with all your soul and with all your mind. 38 This is the great and first commandment. 39 And a second is like it: You shall love your neighbor as yourself. 40 On these two commandments depend all the Law and the Prophets." **Matt 22:37-40**

## **Loving God**

*10 min personal reflection time*

As you've been reflecting in these classes the past two weeks, what are 1-2 areas where you've identified a need or desire to grow in relationship with Jesus? What steps do you need to take?

### **Taking a Deeper Dive with the Help of [FWPSM](#)**

What role do the following play in your life currently? What changes would you like to make?

- **Word**
  - Hearing the word in Sunday worship
  - Studying the Bible with other believers (i.e. home fellowship groups)
  - Personal bible reading, meditating, study
  
- **Prayer**
  - Sunday worship - corporate prayer
  - With other believers (i.e. home fellowship groups)
  - Personal prayer
  
- **Sacraments**
  - Baptism - witnessing baptism's within the EPC family, remembering your own baptism and belonging in God's family and this church
  - The Lord's Supper

# Loving Neighbor

*10 min personal reflection time*

1. Where do you see God leading you to love others? (i.e. seeking forgiveness and reconciliation, extending forgiveness, addressing conflict/tension)
2. As you've been reflecting in these classes the past two weeks, what are 1-2 areas where you've identified a need or desire to grow in relationship with others? What steps do you need to take?
3. Has social distancing during the pandemic increased social anxiety and/or desire to isolate? How might Jesus help you with this?

## Taking a Deeper Dive with the Help of [FWPSM](#)

- **Fellowship**

- Do you have weekly Sunday interactions with the Body of Christ?
- Are there other points in the week where you connect with other believers?
- Do you have a few close Christian friends who are walking through life with you?
- Are you sharing in the suffering of others?
- Are others sharing in your suffering? How can you invite others in?
- Is God calling you to help or come alongside another in a particular way?

- **Mission**

- Where do you feel Jesus calling you to love others in your community?
  - The poor and those in need
  - Sharing the Gospel with unbelievers
  - Neighbors, Co-workers

## Some Ideas from Melissa

- **Personal Bible Reading and Prayer**
  - Read the sermon text prior to Sunday (bulletin posted by Friday night)
  - Re-Read the sermon text, and outline/notes after Sunday's sermon. Work through the application questions in the bulletin. Pray through the prayer of confession. Sing the songs on your own or with your household.
  - Work through a devotional book
  - Pray out loud or write your prayers out to mitigate distractions.
  - Put bible reading and prayer time in your schedule.
  - Schedule a longer stretch of prayer time and bible reading once a week when you have a day off
- **Fellowship**
  - Stay for coffee hour after church
  - Seek to develop close friendships with 2-3 others at EPC
    - Have a text group with a few close church friends to share prayer requests, encouragements, etc throughout the week
    - Pray together weekly/regularly
    - Meet for a meal before or after church
  - Join an HFG
  - Invite others from church to join you in your social gatherings
- **Mission**
  - Budget extra time on your commute to have casual conversations with neighbors and co-workers
  - Offer specific helps to those you personally know are in need in your community (meal, grocery shopping)
  - Offer to pray for someone you are chatting with if they share about suffering they are experiencing
  - Playdates with neighbors and their kids