

## Psalm 136

### Outline for Congregation

What endures? God's steadfast love.

#### 1. He remembers us in our low estate (v23)

- God is uniquely great (vv1-3) - He made all that is (vv4-9)
- Psalm 8 "when I look at the heavens... what is man... that you care for him?"
- God remembers our low estate, we remember His exalted estate

#### 2. He rescues us from our foes (v24)

- the power of the creator is exercised in His protection of His people
- God's redemptive work in bringing His people out of slavery in Egypt provides a picture of the God we hope in (vv10-15)

#### 3. He gives food (25)

- God provides/sustains – He doesn't just step in to act occasionally (vv16-25)
- who remembers us? v23 – the creator, redeemer, sustainer
- God is good (v1) – the God of gods (v2), Lord of lords (v3), the God of heaven (v26) – do you remember Him?

### Questions for reflection:

1. In verse 1 we thank God "for He is good". When do you question the goodness of God? Why? When you don't have confidence in the goodness of God, how are you affected by it?
2. God is the "God of gods" and "Lord of lords". Who do you typically admire more than God? Who has greater influence over you? Who has real power over your life?
3. In Psalm 8 we read the perspective of one who looked at the vast universe and marveled that the one who made it would consider us – "he made us a little lower than the heavenly beings." Our glory and significance is given to us by God – do you receive it, or do you strive to create glory and significance for yourself?
4. Do you have enemies, or people who you perceive to be against you in some way? How can you turn to God and trust Him for strength and direction as you face them?
5. God remembers our low estate. Reflect on the fact that God's steadfast love endures forever, and consider that God does not forget us, but provides for us and comes to our aid when we have no other hope.